

# Living Works (LW) Start Quick Sheet:

## How to Access and Complete Start on your Computer

**STEP 1:** Commands/individuals will provide CREDO with first name, last name, and emails to be enrolled (personal emails are preferable).

**Recommendation:** Doing the Start training from home with a reliable internet source works best.

**STEP 2:** LivingWorks will send out an email to the email address provided with a LICENSING LINK to gain access to the website and course.

**Recommendation:** Please check your email periodically after providing information AND check your SPAM folder.

**STEP 3:** *Do not pay for the Start program on the Living Works website!* CNIC CREDO has already purchased the license provided to you. The link in your email indicates payment covered. ONLY utilize the link provided to you.

**Recommendation:** When copying and pasting, take out the <https://no-click.mil/> before the URL for access.

**Note:** You have 60 days to access the link AND complete the course. The license expires after 60 days from issuance.

**STEP 4:** Immediately after logging in, you must complete the pre-course survey. After completing the pre-course survey, you are ready to commence the actual Start training. Take the post-course survey immediately after completing the training.

**Note:** To receive a certificate of completion, you MUST complete all the components of STEP 4.

**STEP 5:** Any questions or concerns should be addressed to your local CNIC CREDO staff. Additionally, you may reach the LivingWorks Help Desk at [support@livingworks.net](mailto:support@livingworks.net) or 888-733-5484.